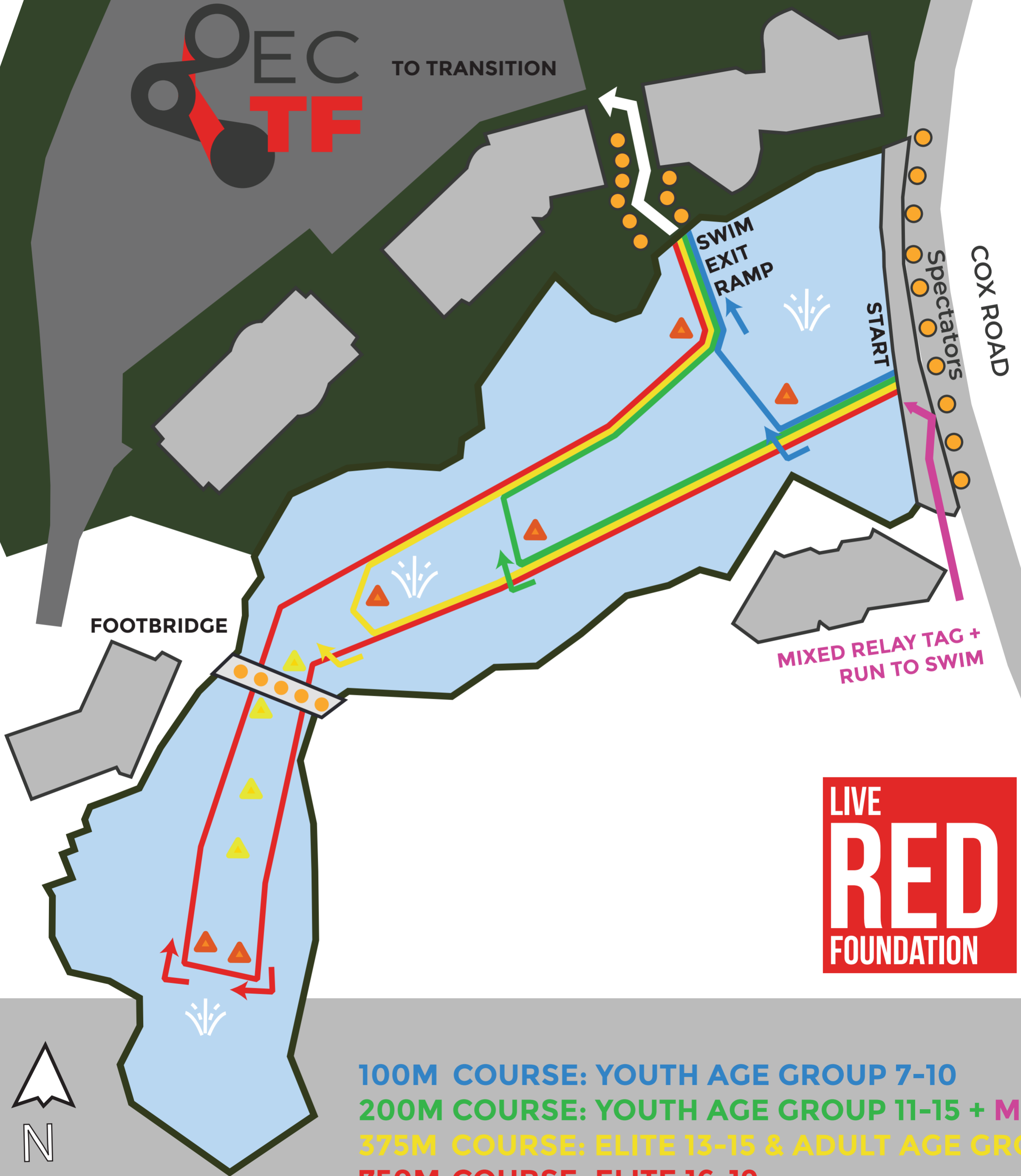


SWIM COURSE



- 100M COURSE: YOUTH AGE GROUP 7-10
- 200M COURSE: YOUTH AGE GROUP 11-15 + MR
- 375M COURSE: ELITE 13-15 & ADULT AGE GROUP
- 750M COURSE: ELITE 16-19