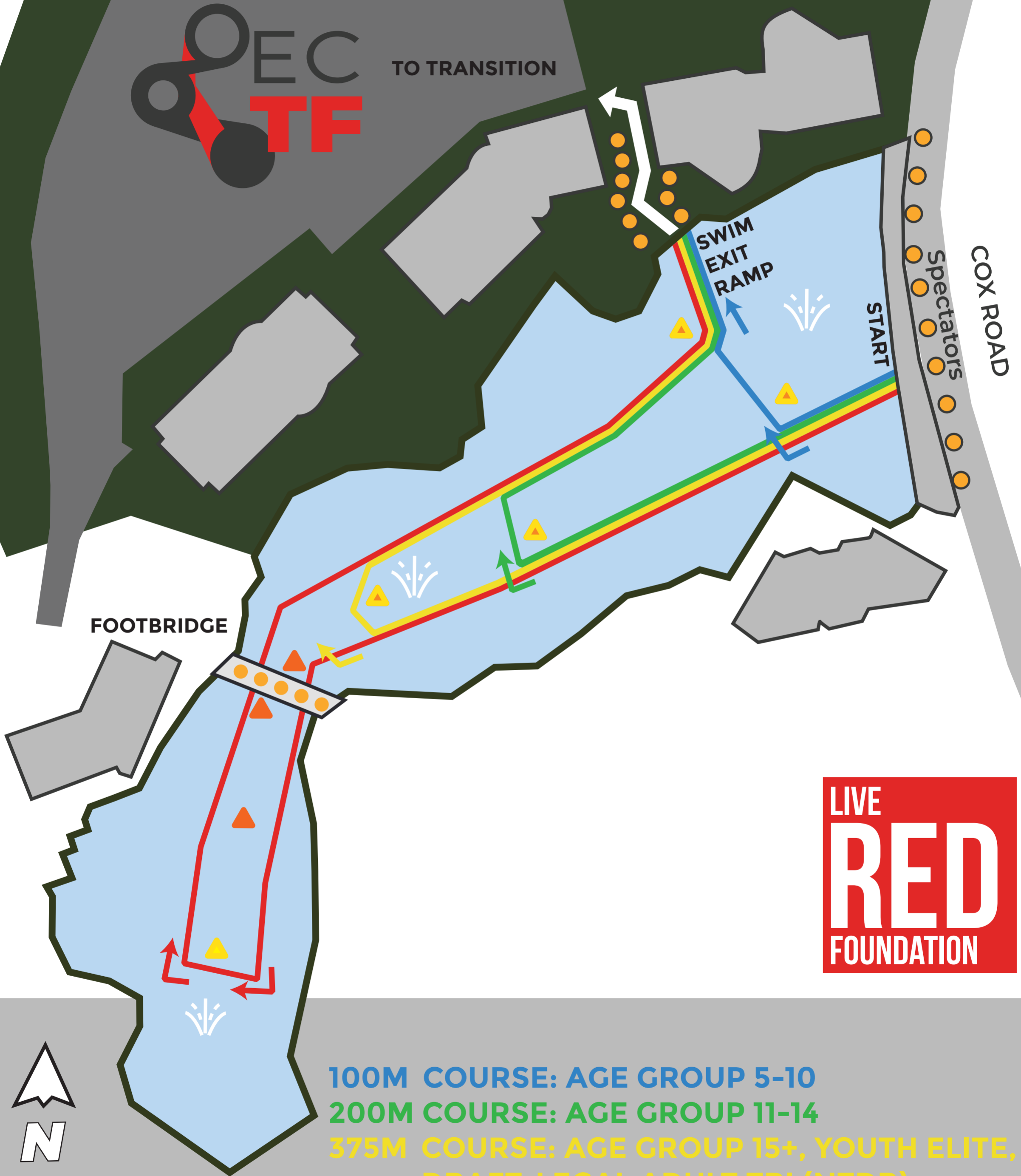


# SWIM COURSE



- 100M COURSE: AGE GROUP 5-10
- 200M COURSE: AGE GROUP 11-14
- 375M COURSE: AGE GROUP 15+, YOUTH ELITE, & DRAFT-LEGAL ADULT TRI (NTDR)
- 750M COURSE: JUNIOR ELITE