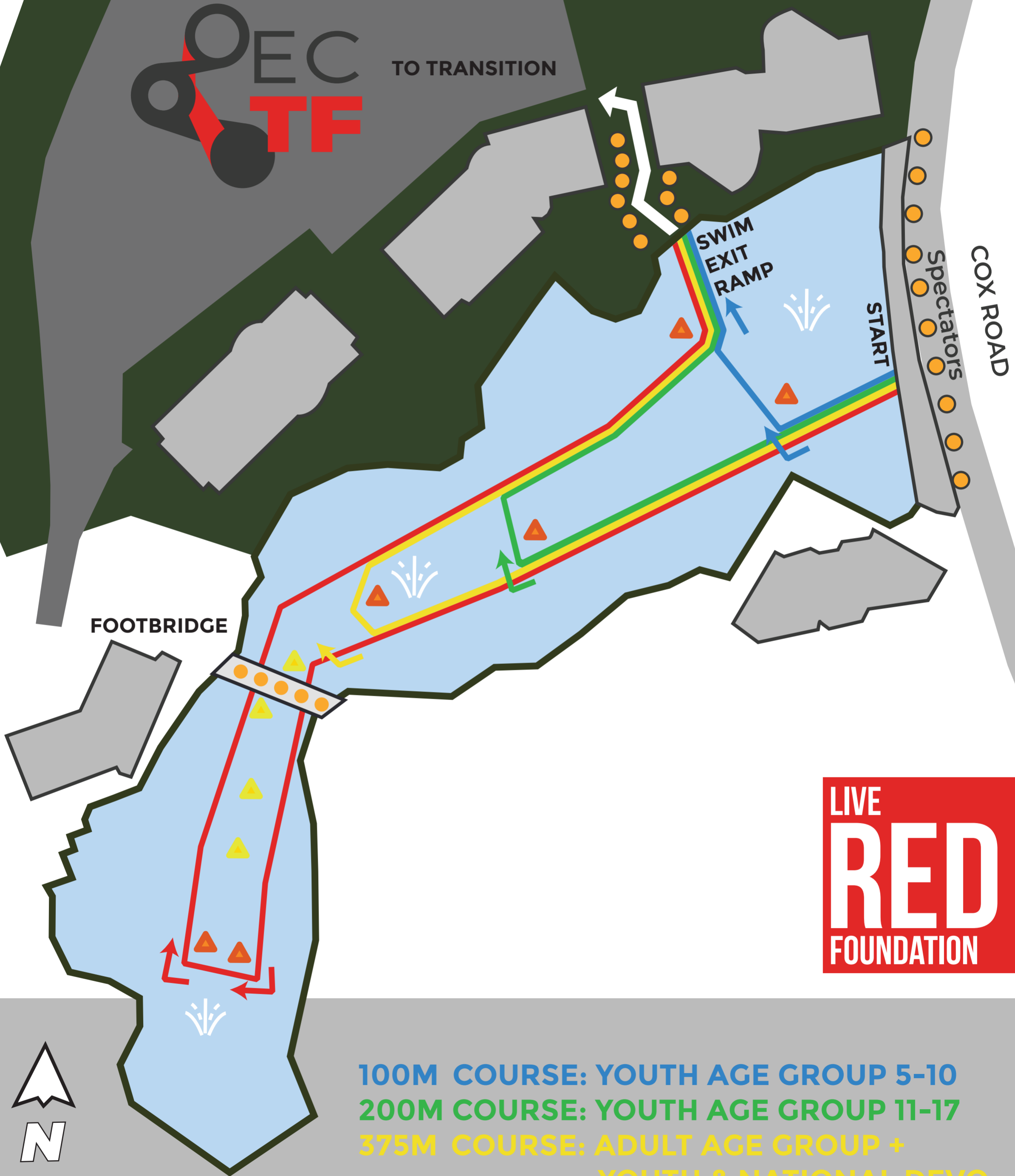


# SWIM COURSE



- 100M COURSE: YOUTH AGE GROUP 5-10
- 200M COURSE: YOUTH AGE GROUP 11-17
- 375M COURSE: ADULT AGE GROUP +  
YOUTH & NATIONAL DEVO
- 750M COURSE: JUNIOR DEVO